



2025 HARVARD MILK DAYS BED RACES

Wednesday, June 4th at 7:00 p.m.

“Back For More With Milk Days #84”

Website: www.milkdays.com

Find us on FACEBOOK

Mailing Address: P.O. Box 325

Email: info@milkdays.com

Office Phone: 815-943-4614

Office Address: 201 W. Diggins St.

You will be racing against the clock! Attached is a copy of the rules which will be used for the entire race with a list of what you **may be** required to do.

The bed races are insured against any incident that may occur to an individual or property of an individual, but the **contestants are not insured**. By signing below, you are acknowledging that Milk Days, Inc. is not liable for any personal injuries to the participants.

Your team can race only once per evening in one (1) of four (4) categories. June 4th will be the finals with a Champion team declared. Your entry fee must accompany this entry blank and that **will cover all** of your races. A sponsor is not required in order to enter the bed races.

Categories:

Women: 5 women or 4 women and 1 man with the man riding the bed at all times.

Men: 5 men or 4 men and 1 woman

Mixed: Any 3-2 combination (3 men, 2 women or 3 women, 2 men)

Over 30: All contestants must be at least thirty (30) years of age by the date of the Final round.

Entry fee is payable to: Harvard Milk Days, Inc.
P.O. Box 325
Harvard, IL 60033

You will be racing against the clock! Attached is a copy of the rules of the race which will be used for the entire race series with a list of what you may be required to do.

The Bed Race contestants themselves are not insured. By signing below, participants are acknowledging that Milk Days, Inc. is not liable for any personal injuries or property damage to the participants as they assume any and all risk of damage or injury by their participation.

Your team can only race once per evening in one of the four (4) categories. May 31st will be the only competition with a Champion team declared by Milk Days Inc., whose decision is final. Your entry fee must accompany this entry form and will cover all of the races. Team sponsorship is not required to enter the races.

We, the undersigned, agree to the aforementioned rules and understand them completely. (Each team member must sign legibly themselves.) Moreover, by signing below, as a participant, you agree to hold Milk Days Inc., its sponsors or other participants, harmless from any and all liability for damage to property or injury to your person that may occur as a result of your participation in this event. All participants are encouraged to provide and wear their own protective gear such as knee/elbow pads, goggles and/or a helmet for these events, especially the “bed rider”.

~~~~~ **BED RACES ENTRY BLANK** ~~~~~

**NAME OF PERSON ENTERING:** \_\_\_\_\_

**SPONSOR’S NAME:** \_\_\_\_\_

**PHONE #:** \_\_\_\_\_ **E-MAIL:** \_\_\_\_\_

**We, the undersigned, agree to the aforementioned rules and understand them completely.  
(Each team member must sign legibly themselves).**

| PRINT NAME | SIGNATURE | PHONE NUMBER |
|------------|-----------|--------------|
| 1. _____   | _____     | _____        |
| 2. _____   | _____     | _____        |
| 3. _____   | _____     | _____        |
| 4. _____   | _____     | _____        |
| 5. _____   | _____     | _____        |

**OFFICIAL USE ONLY (Do not write here)**

ENTRY FEE RECEIVED: \_\_\_\_\_

\$25.00 Business/Individual

BY: \_\_\_\_\_

\$15.00 Non-Profit Organization or Group

CATEGORY: \_\_\_\_\_

## GENERAL RULES FOR MILK DAYS BED RACES

Final races will be held on **Wednesday, June 4, 2025**. There will be four (4) categories consisting of: Women, Men, Over 30 & Mixed. All participants must be at least seventeen (17) years of age.

### Categories

**Women:** 5 women or 4 women and 1 man with the man riding the bed at all times.

**Men:** 5 men or 4 men and 1 woman

**Mixed:** Any 3-2 combination (3 men, 2 women or 3 women, 2 men)

**Over 30:** All contestants must be at least thirty (30) years of age by the date of the Final round.

### To Start the Race:

All contestants must be on the same side of the bed. No contestant may be touching any part of the bed or linens. At the start of the race, all contestants must put on the pajamas.

The pillowcase must be at least 3/4 on the pillow. The fitted sheet must be all the way over each corner. The person riding the bed must be on the bed with the pillow before the bed can move from its starting position. The pillowcase must be completely on before the first obstacle stop.

Pajamas must be worn at ALL times until the conclusion of the race is over.

### Pajama Category:

The team that creates their own pajamas (must be worn at all times of the race) will be judged by three (3) Milk Days Board Members. The team that wins in each category (only one team will win) will receive an additional Bonus to their overall time. This will only be judged on the night of the finals. Pajamas must either consist of a one-piece dress type, or two-piece pants and tops (hats could be included as well). If a team elects not to participate in this event, then the traditional Milk Days Bed Races Pajamas will be used.

### During the Course of the Race:

At each stop, the bed must be at a full stop until the event is completed. The bed rider must be the person doing all of the obstacles. Bed riders may alternate at this time, except for the four women-one-man team. One person must be on the bed for the bed to move.