



2026 HARVARD MILK DAYS
47th RUN/WALK APPLICATION

Saturday, June 6th 8:00 a.m.
10K Run 5K Run 2 Mile Run

“85 Years of Milk Days – Celebrating USA 250 in Red, White, and MOO!”

Website: www.milkdays.com

Email: info@milkdays.com

Find us on FACEBOOK

Office Phone: 815-943-4614

Race Day registration and check-in begin at 6:45 a.m. on the day of the race. Registration closes at 7:45 am. Mailed entries must be postmarked by May 15, 2026. Pre-registration ends May 14th. **Shirts are only guaranteed for those who preregister by May 15th. There will NOT be a second order of shirts this year.**

The **racecourse** travels through city streets and part of the parade route. The course surface is asphalt, grass (10K only) and some hills. **Awards** go to male and female overall winners and to individual age groups (first through third place). Awards are presented at the end of the competitions only at Jefferson School. There will be no awards for the 2 mile walk.

Age Groups:

5K Run:	13 & under	14-18	19-24	25-32	33-45	46-55	56-65	66-74	75+
10K Run:	13 & under	14-18	19-24	25-32	33-45	46-55	56-64	65+	

ENTRY FEE:	Pre-registration	13 & under - \$20	14-64 - \$25	65+ - \$20
	Day of race	13 & under - \$30	14-64 - \$35	65+ - \$30

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Email: _____

<p>Register at: ITSRACTIME.COM</p> <p>or</p> <p>Mail to: Harvard Milk Days™, Inc.</p> <p>P.O. Box 325</p> <p>Harvard, IL 60033</p> <p>Phone: 815-943-4614</p>
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Race: 5K 10K 2 Mile Walk Male Female Age _____ (as of May 25th)

Performance Tee	YOUTH	-	-	-	L	XL	-	-
Please Circle Size	UNISEX	XS	S	M	L	XL	2XL	3XL
Extra T-Shirt - \$15	UNISEX	-	S	M	L	XL	2XL	3XL

In consideration of my entry being accepted for the above race, I intend to be legally bound, do hereby for myself, my heirs, executors, and assigns, waive, release and discharge for all rights, claims and damages that I may hereafter accrue against Harvard Milk Days™, Inc. its chair persons, sponsors and volunteers associated with this race. I attest that I am physically fit and able to compete in a race of this length, knowing full well the consequences of heat and humidity this time of year and its effect on running. All purchase and sales are 100% final, no exceptions. Refunds will not be issued based on weather conditions.

X _____ Date: _____

Signature of Participant, or Parent or Guardian if Participant is under 18 years of age.

REGISTER AT: WWW.ITSRACTIME.COM